

“Jesus Sets Us Free From Self-Prisons”

Lesson Text: **Luke 4:16-21. (Verse 18).**

I. The Shame And Lingering Guilt Of Our Sins.

- **Romans 7:23-24; Galatians 1:13.**
- **Proverbs 28:1; 21:21; Romans 8:1.**
- **Luke 7:36-50; John 8:36.**

Notes: _____.

II. The Walls Of Isolation In Hate.

- **Titus 3:3 (NASB)**, “...spending our life in malice and envy, hateful, hating one another.”
- The Pharisees Hated Those Considered Sinners; Jews Hated Samaritans/Gentiles.
 - **Luke 15; Luke 7:39; John 4:9.**
- There Are Many People Filled With Hate For Just About Everything!
 - Hatred Of: Jews; Muslims; Blacks; Whites; Indians; Chinese; Japanese; LGBTQ Persons...
- All Hate Does Is Build Walls To Keep We People Don't Like Away From Us!
- Jesus Is The Savior Of All... **1 Timothy 2:4.** The Gospel Tears Down The Walls Of Hate!
- When We Show True Love For All Humanity— **1 John 4:7-8.**

Notes: _____.

III. The Strongholds Of Addiction.

- **2 Corinthians 10:4-5.**
- **Titus 3:3 (NASB)**, “enslaved to various lusts and pleasures,”
- We Can Become Enslaved To Addictions:
 - Drugs And Alcohol. - Gambling. - Pornography.
 - Shopping. - Video Games. - Plastic Surgery. - Eating.
- **1 Corinthians 6:12-14.** AA Suggest A Higher Power To Help.... Jesus Is The Help!
- **Philippians 4:13.**

Notes: _____.

IV. The Pointless Fear Of Superstitions.

- **1 Timothy 4:6-7 (NASB; ESV).**
- **Acts 28:3-6.** Today, People Speak Of Karma, Reincarnation, & Other Superstitions...
- Jesus Frees Us From The Fear Of What Is Not Truth.... **John 8:31-32.**

Notes: _____.

V. The Inferiority Of Self-Doubt/Self-Worth.

- Self-Doubt: lack of confidence in oneself and one's abilities.
- Can Be Because Of Sin, Feelings Of Unworthiness, Lack Of Ability...
- **1 Corinthians 15:9; Exodus 3:11-14; 4:10-12.**
- Jesus Can Help Us Overcome... **1 John 5:4-5; 1 John 3:2.**

Notes: _____.